

SUMMER PROGRAM 2015

START TIMES **SUNDAY: 9.00am** (no run 27/12/15)

WEDNESDAY: 5.00pm SHARP (no run 30/12/15)

December

6 TH	Clergate School	3km, 5km & 10km
13 th	Sir Jack Brabham Oval	3.5km & 7km
20 th	Lake Canobolas	3km & 6km
27 th	NO RUN	0km

January

3 rd	Gosling Creek	2.5km, 5km & 10km
10 th	CSU	1.6km, 3.2km, 4.8km, & 8km
17 th	Bargwana Road **** NO WATCH ****	3km, 5km & 10km
24 th	Kinross Forest (straight out and back)	2km, 4.8km & 9.1km
31 st	Stagecoach Road	2km, 3km, 5km, 8.5km

February

7 th	Mt Canobolas Pinnacle	3km, 6.4km & 10km
14 th	Elephant Park *** FREE BBQ ****	2.6km, 5.2km & 7.8km
21 st	Botanic Gardens	3.2km, 4.8km & 8km
27 th	Orange Colour City Running Festival #enjoythejourney	2km Junior Dash
28 th	www.colourcityrunningfestival.com.au	5km, 10km, HM & M

3km handicapped event is held at Elephant Park every **WEDNESDAY**
5pm SHARP in Spring/Summer/Autumn and 4.45pm SHARP in Winter (Mass Start)
SUNDAY start time **9am** all seasons.

Members absent for more than 8 weeks will require two qualifying runs to re-assess their handicap.

Participants must be current registered members of Orange Runners Club

Enquiries: Jane Fairgrieve: 6362 5973 or 0411 526 689

Publicity Officers : Kinisha Roweth & Daryl Roweth

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www.orangerunners.com.au