

WINTER PROGRAM 2016 v2

START TIMES: WEDNESDAY: 4.45pm SHARP / SUNDAY: 9.00am

June

Date	ORC Track	Distance - KM	External Events
5-Jun-16	Endeavour Oval – incl. BBQ	2.6, 5.2 & 7.8	MS Walk and Fun Run ACT
12-Jun-16	Bulgas Road	3, 5 & 10	True Grit Military Challenge - Portland Kiama Red Cross Fun Run
19-Jun-16	Lake Canobolas (3 laps)	3, 6 & 9	Glow Worm Tunnel Forbes Fun Run
26-Jun-16	Elephant Park incl. BBQ	1.6, 3.2, 4.8, 6.4 & 8	Run NSW - Casino Sri Chinmoy Tuggeranong Trot

July

Date	ORC Track	Distance - KM	External Events
3-Jul-16	CSU	1.6, 3.2, 4.8, 6.4 & 8	Gold Coast Airport Marathon Nike+ Run Club Women's HM
10-Jul-16	Bargwanna Road	3, 5 & 10	Sri Chinmoy Sydney Series
17-Jul-16	Botanic Gardens	1.6, 3.2, 4.8, 6.4 & 8	Mt Arthur Challenge Sri Chinmoy Gungahlin Gallop
24-Jul-16	Stagecoach Road	2, 3, 5 & 8.5	Resolution Run Series - ACT Winery Running Festival - Hunter Valley
31-Jul-16	Sir Jack Brabham	3.5 & 7	Westlink M7 Blacktown Running Festival

August

Date	ORC Track	Distance - KM	External Events
7-Aug-16	Kinross Forest	2, 4.8 & 9.1	Bush Capital Bush Marathon Festival (ACT)
14-Aug-16	Clergate School	3, 5 & 10	City to Surf
21-Aug-16	Gosling Creek (New)	2.5, 5 & 10	Trail Marathon Running Weekend Wagga Mudgee Running Festival
28-Aug-16	Lake Canobolas (3 laps)	3, 6 & 9	Dubbo Stampede Greater Sydney HM (Run NSW) Lake Macquarie Running Festival Southern Highlands Challenge

3km handicapped event is held at Elephant Park every **WEDNESDAY**

4.45pm SHARP in Winter (Mass Start)

SUNDAY start time **9am** all seasons.

Members absent for more than 8 weeks will require two qualifying runs to re-assess their handicap.

Participants must be current registered members of Orange Runners Club

Publicity Officers: Daryl Roweth, Kinisha Roweth & Sally Kitto

Don't forget to find us on [Facebook](#)



Enquiries: Renai McArdle, President - 0417 486 645 or orangerunnersclub@outlook.com

Website www.orangerunners.com.au