

# RUNNER OF THE YEAR – NOMINATION FORM

The Orange Runners Club "**Runner of the Year**" and "**Junior Runner of the Year**" recognises two club members that have demonstrated **CONSISTENCY**, **ACHIEVEMENT** and **IMPROVEMENT (both club and non club related)** over the past 12 months (1 November to 31 October – i.e. the judging period). The award includes a perpetual trophy in which the winner holds for the year and then an individual trophy for the winner to keep. The following criteria applies to the awards:

- The nominated club member must be a current financial member.
- To be eligible for the Junior Runner of the Year, the nominated member must be **under 18** as of the 31 October.
- The award recognises **running events only** (triathlon, swimming, cycling events etc do not count towards the award).

# NOMINATIONS CLOSE 3 NOVEMBER 2019.

## NOMINATION

I nominate the following person (or you can nominate yourself) for:

 $\Box$  Runner of the Year

 $\Box$  Junior Runner of the Year

Age: \_\_\_\_\_

Name:

# CLUB RELATED CRITERIA (60%)

The following criteria will be taken into consideration by the judging panel with respect to Orange Runners Club related events (i.e. Wednesday and Sunday runs):

#### **CONSISTENCY (10%)**

The number of ORC runs (Wednesday, Sunday & Trail) that the nominated person has participated in over the judging period.

#### CLUB CHAMPIONSHIP (30%)

The number of championship points that the nominated person accumulated during the judging period.

## IMPROVEMENT (20%)

Any improvement that the nominated person has achieved for both Wednesday and Sunday runs over the judging period.

Note: The judging panel will obtain these official results from Club records.



#### NON CLUB RELATED CRITERIA (40%)

The judging panel will take into consideration any achievements that the nominated person has made as part of "non club related" running activities during the judging period (this also includes school results for Junior members). This may include (but not limited to) results of races entered, improvement, PB's over various distances, Park run results etc (Note: you can attach any additional information in support of the nomination if you run out of space).

Event Name	Distance	Time	Overall Placing	Category Placing
e.g ORF	10km	50:25	40 <sup>th</sup>	10 <sup>th</sup>

#### DECLARATION

In submitting this application (email to <u>orangerunnersclub@outlook.com</u> or hand deliver to the President or Vice President), I accept that the decision of the judging panel (Club Executive and Timing Coordinator) is final, and no correspondence will be entered into.

Nominated by: